



ರಾಜೀವ್ ಗಾಂಧಿ ಆರೋಗ್ಯ ವಿಜ್ಞಾನಗಳ ವಿಶ್ವವಿದ್ಯಾಲಯ, ಕರ್ನಾಟಕ, ಬೆಂಗಳೂರು
Rajiv Gandhi University of Health Sciences, Karnataka, Bangalore

4th T Block, Jayanagar, Bangalore – 560 041

**RGUHS INTER ZONE & SINGLE ZONE
TOURNAMENT/COMPETITION
CUM SELECTION TRIALS - 2025-26**

EARLIER SCHEDULED DATE

INTER ZONE & SINGLE ZONE TOURNAMENTS CUM SELECTION TRIALS - 2025-26				
SN	Events	Date of the Tournament/ Competition	Date of the Selection Trials	Organizing college & Name of the Physical Education Director
1	Kabaddi Men Inter Zone & Kabaddi Women State level Single zone tournament cum selection trials	30 th October 2025	31 st October 2025	Sri. I S Nyamagowda Physical Education Director BLDE College of Nursing, Jamkhandi. Ph: 9901375675
2	Yogasana (Men & Women) State Level Single Zone Competition	27 th November 2025	28 th November 2025	Sri. Dharmendra Kumar B Physical Education Director SDM College of Naturopathy & Yogic Sciences, Ujire. Ph: 9008161321

RESCHEDULED DATE

INTER ZONE SINGLE ZONE TOURNAMENTS CUM SELECTION TRIALS - 2025-26				
SN	Events	Date of the Tournament/ Competition	Date of the Selection Trials	Organizing college & Name of the Physical Education Director
1	Kabaddi Men Inter Zone & Kabaddi Women State level Single zone tournament cum selection trials	19 th September 2025	20 th September 2025	Sri. I S Nyamagowda Physical Education Director BLDE College of Nursing, Jamkhandi. Ph: 9901375675
2	Yogasana (Men & Women) State Level Single Zone Competition cum selection trials	11 th November 2025	12 th November 2025	Sri. Dharmendra Kumar B Physical Education Director SDM College of Naturopathy & Yogic Sciences, Ujire. Ph: 9008161321

D. S. S. S.
15.09.25.
DEPUTY REGISTRAR
Rajiv Gandhi University of Health Sciences
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